

Dear Colleague

The Foundation of the CMSC (FCMSC) and the Consortium of Multiple Sclerosis Centers (CMSC) are pleased to announce the continuation of the Mental Health Mentorship Program, established to promote the CMSC's core value: the need for comprehensive care for people living with multiple sclerosis (MS). The program supports additional training to stimulate excellence and growth in the delivery of mental health in the field of MS.

There is a national shortage of mental health practitioners knowledgeable about neuropsychiatric disorders in MS. This training forum will provide health professionals with a special interest or specialty in MS with new information about challenges of the disease. Candidates for this program are nursing professionals with a mental health background, social workers, psychologists, psychiatrists and PAs. They will be provided with new information about the unique challenges faced by persons living with MS, screening strategies for recognizing the presence of mental health issues, and best practices for mental health care to maximize outcomes.

This mentorship program will pair mental health experts with professionals who are contemplating a focus on multiple sclerosis mental health care, or are 1-3 years into their MS specialty career. Mentors will share their knowledge and experience with their MS Mental Health Mini-Mentorship trainees over the five-day mentorship experience. **Selected trainees will be provided with scholarship funds of \$2500 to cover travel, lodging, and meals. Trainees are responsible for any expenses incurred over scholarship amount.**

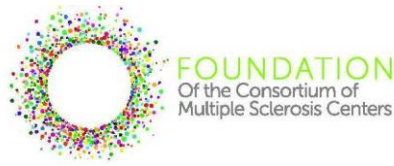
### **The Mentorship Experience**

The Mental Health Mentorship program will take place on-site at three selected CMSC MS Centers in the United States in the Fall 2022. Up to twelve mental health mentorship experiences will be awarded according to eligibility guidelines. Each scholar will participate in a total of 35 hours of training covering aspects of mental health and comprehensive care provided at a CMSC MS center. Areas of education may include:

1. Recognition of common and unusual presentations and manifestations of mental health disorders in the MS patient and apply these concepts to appropriate diagnosis and management.
2. Appreciation of the vital role in comprehensive clinical care of the MS patient played by mental health providers, including social workers, psychologists, psychiatrists, nurses and PAs.
3. Identification and affiliation with an appropriate mentor who will encourage the participant to select MS as a specialty in areas including: Social Work, Psychology, Psychiatry, Research, Nursing and PA.

### **Eligibility Requirements – Program available to U.S. residents only.**

- Applicants must be professionals with a special interest in the mental health needs of MS patients (nursing professionals, psychologists, social workers, psychiatrists, and PA).
- Be available to attend one of these session training dates and stay through completion of the program on the last day (not including travel which may involve an additional two days).
- Selected candidates must be able to provide documentation of up-to-date vaccinations including COVID vaccinations.



### **Current 2022 Schedule**

**Training session dates are subject to change.**

Location 1: University of Washington Medicine MS Center, Seattle, WA

Dates: Sept 12-16 and Oct 3-7, 2022

Location 2: Mandell Center for Multiple Sclerosis, Hartford, CT

Dates: Sep 19-Sep 23 and Sep 26-Sep 30, 2022

Location 3: Swedish MS Center, Seattle, WA

Dates: Oct 10-14, 2022

### **Evaluation/Selection Process**

Candidates may apply independently or be nominated by their department heads or program directors and applications will be reviewed by a select committee comprised of CMSC/FCMSC leadership independent of grantors or supporters.

### **Information for Applicants – Program available to U.S. residents only**

Please provide the following additional information with the application form:

- A brief biographical sketch or CV.
- A 2-4 page summary (not including references) of current work experience and/or career goals in the field of multiple sclerosis, professional goals and objectives for your participation in the MS Mental Health Mentorship Program as well as any plans for education of colleagues upon return from this program.
- A letter of recommendation and support from current supervisor/academic supervisor stating commitment and plans for utilization of the skills this course provides.
- Applications will be accepted on 'first come, first served' basis or until training sessions are full.
- Incomplete applications will not be reviewed.
- Selected candidates must be able to provide documentation of up-to-date vaccinations, including COVID vaccinations.

If you have any questions about the program, please contact Nancy Chazen, at 201-487-1050 x107, [nancy.chazen@m scare.org](mailto:nancy.chazen@m scare.org).

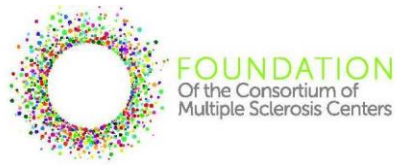
Thank you for your collaboration with the CMSC and FCMSC, and your role in promoting the best and latest in care for Multiple Sclerosis. This program is generously supported by EMD Serono.

Sincerely,

June Halper, MSCN, APN-C, FAAN  
Chief Executive Officer, CMSC

Nancy Chazen  
FCMSC Special Projects Manager

Cindy Bobowski  
FCMSC Program Manager



## MENTAL HEALTH MENTORSHIP SPECIALTY TRAINING APPLICATION – 2022

Name:		Credentials:
Address:		
City, State, Zip Code:		
NPI #:	Phone:	
State and License #:		
Primary Email:	Alternate Email:	
Degree:	Year of Graduation:	
School:		
Other certification/licensure:		
Current Employer:		
Current Supervisor:	Email:	

I AM COVERED BY MALPRACTICE INSURANCE.  
 I AM NOT COVERED BY MALPRACTICE INSURANCE.

**Do you have any restrictions/conflicts on session training dates? Indicate dates below.**     Yes     No

**Please specify:** \_\_\_\_\_  
\_\_\_\_\_

Your Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Department Head/Program Director Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Please provide the following with this application form:

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- Letter of recommendation and support from current supervisor/academic supervisor stating commitment and plans for utilization of the skills this course provides.

**Selected candidates must be able to provide documentation of up-to-date vaccinations, including COVID vaccinations.**

**Applications accepted on 'first come, first served' basis or until training sessions are full.**

Return completed application materials via email to Nancy Chazen at [nancy.chazen@mscare.org](mailto:nancy.chazen@mscare.org) OR fax 866-920-6813.