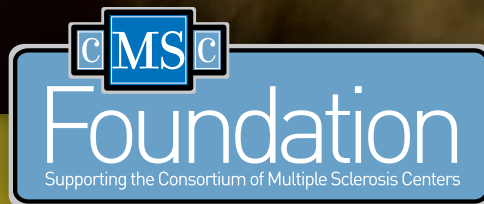


# 2009 Annual Report

*Together*

BUILDING THE FUTURE OF  
MULTIPLE SCLEROSIS CARE



# Leadership Message

We are proud of the tangible accomplishments of the Foundation of the Consortium of Multiple Sclerosis Centers (FCMSC) in 2009.

- ▶ Research study grant and Fellowship awards facilitated specialized multiple sclerosis (MS) research
- ▶ Medical students, neurology residents and Fellows gained valuable experience and were encouraged to consider careers in MS
- ▶ Scholarship awards made it possible for nurse practitioners, physician assistants and rehabilitation professionals to receive specialized training in MS and collaborative support from Consortium of Multiple Sclerosis Centers (CMSC) members
- ▶ Expert international teams convened to examine best practices in research and treatment
- ▶ Researchers learned more about epidemiology and long-term outcomes from the world's largest MS patient driven database, the CMSC/NARCOMS Global MS Patient Registry

These important steps in Building the Future of MS Care are possible through grants and gifts from corporate, foundation and individual donors. In addition, the collaborative efforts of staff and volunteers across the CMSC comprehensive care community enable the Foundation to realize many goals.



Together, our focus will remain clear: to provide resources for the provision of on-going exemplary care by members of the MS professional team and to improve the quality of life for those living with multiple sclerosis. We appreciate your support as we continue our collaboration through new initiatives, fellowships and scholarships.

Thank you,  
*James P. Simsarian*

**James P. Simsarian, MD** | *President and Acting CEO*  
Foundation of the Consortium of Multiple Sclerosis Centers

## OUR MISSION

The mission of the **Foundation of the Consortium of Multiple Sclerosis Centers** shall be to stimulate the growth, development and provision of patient care services, education and research in the field of multiple sclerosis and to enhance the quality of life of those affected by multiple sclerosis through supporting the activities of the Consortium of Multiple Sclerosis Centers.



“The skills and dedication of CMSC member healthcare providers bring tremendous benefits to those living with MS. Resources and initiatives funded through the Foundation of the CMSC sustain us in our on-going professional activities.”

**Colleen Harris, RN, NP, MSCN**  
*President, CMSC*

## THE COMMITMENT

FCMSC is a 501(c)(3) charitable organization committed to operating under the principles of, and in compliance with, all applicable laws, rules and regulations, including the guidelines and standards set forth by accredited continuing education providers.

“Thanks to the comprehensive treatment at my CMSC MS Center, I receive care from an experienced team who sees me as a person and treats all aspects of my multiple sclerosis.”

**Carrie K.**, Washington D.C.

## KNOWN FACTS

Multiple sclerosis is a leading cause of disability in young adults. It is a life-long neurological disease which strikes most often between the ages of 20 and 40, but can occur in people of all ages.

- ▶ Over 400,000 people in the United States are diagnosed with MS (4 to 1 women)\*
- ▶ 2.5 million people worldwide are affected by MS
- ▶ There is currently no cure for MS, but new therapies and technology are on the horizon

*\*Data derived from the CMSC/NARCOMS Global MS Patient Registry and database.*

“One of our most serious challenges today is preserving the multidisciplinary model of highly skilled professionals providing healthcare for patients with MS.”

**Michael Kaufman, MD,**  
*President-Elect, CMSC*



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# Together BUILDING FUTURES

One of the most important elements of the CMSC's unique organization is the opportunity for professionals from many backgrounds, disciplines and skill levels to discuss educational experiences and to share in their common commitment.

The programs funded by the Foundation of the CMSC encourage newcomers through personal mentorship and hands-on experiences. Whether a seasoned professional or a student, there is usually a common thread: a personal role model, an educational challenge and the human connection with people living with and affected by MS.

**Randall Schapiro, MD,**  
*Vice-Chair, Foundation of the CMSC Board of Directors*



Networking and education through meeting scholarships is vital so that as an APN, I can continue to provide patients with quality care, help them understand their disease process and provide answers to their questions.

**Judith L.,**  
*Nurse Practitioner Annual Meeting Scholarship Recipient*

Not only did I learn about neurology and multiple sclerosis, but I also learned much about the dynamic of a clinical care team. It was fascinating to observe how smoothly the physicians, nurses and research coordinators all worked together:

**Kaitlin E.,**  
*FCMSC Scholar, 2009*



# Together SHAPING LIVES

# FUNDING HIGHLIGHTS

## ENHANCING SKILLS THROUGH TOOLS AND RESOURCES FOR CURRENT HEALTHCARE PROFESSIONALS

- ▶ MS Rehabilitation Fellowship programs offered specialized training to physical therapists, occupational therapists, speech/language pathologists and graduate students
- ▶ The Labe Scheinberg Award recognized excellence in multidisciplinary comprehensive care
- ▶ Annual meeting scholarships for nurse practitioners and physician assistants provided access to specialized training
- ▶ Web resources delivered accredited education and tools for Rehabilitation professionals

## WHITAKER AWARD WINNER

Pictured left to right:  
Michael Racke, MD,  
*Whitaker Track Chair;*  
**Alison Drake, MSc.,**  
*Whitaker Award Winner;*  
Elaine Whitaker, PhD,  
*guest honoree;*  
and James Simsarian, MD,  
*President of FCMSC*



## BUILDING THE MS WORKFORCE OF THE FUTURE

- ▶ The annual Whitaker Award for MS Research recognized outstanding research in the pathophysiology and immunology of MS
- ▶ Medical students were mentored in research and presented their project results at the CMSC Annual Meeting and at other national meetings, such as the American Academy of Neurology
- ▶ Annual meeting scholarships for neurology residents and Fellows offered access to accredited MS education



## INCREASING OPPORTUNITIES FOR COLLABORATIVE RESEARCH

- FCMSC supported a Three-Year Clinician-Scientist Development Fellowship Award launched by CMSC and the American Academy of Neurology Foundation honoring noted CMSC researcher, John F. Kurtzke, MD
  
- Funding support for a dedicated Steven R. Schwid Memorial Pilot Research award, a John F. Kurtzke Pilot Research Award and selected other CMSC Pilot Research awards focused on:
  - Quality of life outcomes
  - Impact of comprehensive care
  - Neuroimaging
  - Immunology
  - Symptomatic management
  - Physical therapy/rehabilitation
  - Psychosocial issues/depression
  
- Support of CMSC Consensus Conferences examining current and best practices in diagnosis and evaluation

## LEARNING FROM PATIENT EXPERIENCES THROUGH THE CMSC/NARCOMS GLOBAL MS PATIENT REGISTRY AND DATABASE

- Support of Visiting Scientist Fellowships enabled analysis, evaluation and publication of patient-driven longitudinal data
- Database analysis uncovered more about the effects of disease-modifying therapies
- The *Multiple Sclerosis Quarterly Report* provided information to an expanded audience of patients and healthcare professionals



**Alex Weinberg,**  
*Medical Student*  
*Scholarship Recipient*

“This experience has allowed me to transition from textbook to direct interaction with patients affected by MS.”

“I was able to learn more about the diagnosis of MS, current treatments and those on the horizon, symptom management and research tools.”

**Enrique Alvarez, MD,**  
*Neurology Fellow*  
*Scholarship Recipient*

**M.D. SULLIVAN**  
Certified Public Accountant  
174 Main Street – Hwy 35  
Eatontown, New Jersey 07724  
Phone: 732-544-8484  
Fax: 732-544-1833

## Independent Auditors' Report

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To the Board of Directors of  
The Foundation Of The Consortium Of Multiple Sclerosis Centers, Inc.  
Hackensack, New Jersey

I have audited the accompanying statement of financial position of The Foundation Of The Consortium Of Multiple Sclerosis Centers, Inc. (a nonprofit organization) as of December 31, 2009, and the related statements of activities and changes in net assets (deficit), and cash flows for the year then ended. These financial statements are the responsibility of the Organization's management. My responsibility is to express an opinion on these financial statements based on my audit.

I conducted my audit in accordance with auditing standards generally accepted in the United States of America. Those standards require that I plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. I believe that my audit provides a reasonable basis for my opinion.

In my opinion, the financial statements referred to above present fairly, in all material respects, the financial position of The Foundation Of The Consortium Of Multiple Sclerosis Centers, Inc. as of December 31, 2009, and the changes in its net assets (deficit) and its cash flows for the year then ended in conformity with accounting principles generally accepted in the United States of America.

My audit was conducted for the purpose of forming an opinion on the basic financial statements taken as a whole. The schedules appearing on pages 7 and 8 are presented for purposes of additional analysis and are not a required part of the basic financial statements. Such information has been subjected to the auditing procedures applied in the audit of the basic financial statements and, in my opinion, are fairly stated in all material respects in relation to the basic financial statements taken as a whole.



Eatontown, New Jersey  
April 20, 2010



# Financial Statement

for the Year Ended December 31, 2009

## ASSETS

Current assets:	
Cash and cash equivalents	\$ 656,026
Prepaid expenses	<u>1,300</u>
Total current assets	<u>657,326</u>
Fixed assets:	
Furniture and equipment	7,696
Software	<u>46,645</u>
	54,341
Less: Accumulated depreciation	<u>(10,584)</u>
Net fixed assets	<u>43,757</u>
<b>Total assets</b>	<b><u>\$ 701,083</u></b>

## LIABILITIES AND NET ASSETS (DEFICIT)

Current liabilities:	
Accounts payable	\$ 31,516
Accounts payable – The Consortium of Multiple Sclerosis Centers, Inc.	4,748
Deferred revenue	<u>677,178</u>
Total current liabilities	713,442
Net assets (deficit)	<u>(12,359)</u>
<b>Total liabilities and net assets</b>	<b><u>\$ 701,083</u></b>

## REVENUE:

Contributions	\$ 106,861
Projects, Meetings and Programs	
Workforce of the Future	
Annual Meeting Scholarships – Residents and Fellows	45,000
Summer Medical Student Research Scholarships	77,175
Schwid Memorial Medical Student Research Scholarship	5,000
AANF/CMSC John F. Kurtzke Clinician-Scientist Fellowship Award	52,500
Professional Tools and Resources	
Annual Meeting Scholarships-NPs and PAs	6,000
Labe Scheinberg Award	500
Visiting Professor Program	2,000
MS Comprehensive Care Center Development Program	175,000
Essential Elements Patient Education Tool Kit	160,469
Essential Elements Patient Education Website	110,883
Research Initiatives	
Schwid Memorial Research Study Grant	40,000
Research Collaborative Studies	125
CMSC/NARCOMS Global MS Patient Registry	
Latino Database Project	74,666
Visiting Scientists	40,625
Multiple Sclerosis Quarterly Report	29,000
Quilt Project	1,180
Interest and Dividends	<u>4,809</u>
<b>Total Revenue</b>	<b>\$ 931,793</b>

## EXPENSES:

Program Services	
Workforce of the Future	
Annual Meeting Scholarships – Residents and Fellows	\$ 19,200
Summer Medical Student Research Scholarships	101,336
Schwid Memorial Medical Student Research Scholarship	13,097
AANF/CMSC John F. Kurtzke Clinician-Scientist Fellowship Award	52,500
Professional Tools and Resources	
Labe Scheinberg Award	500
MS Rehabilitation Fellowships	7,000
Annual Meeting Scholarships – NPs and PAs	35,200
CMSC Consensus Conferences/Publications	10,363
MS Comprehensive Care Center Development Program	119,273
Essential Elements Patient Education Tools/Web Site	271,353
Research Initiatives	
Whitaker Prize for MS Research	5,000
Research Collaborative Studies	36,548
CMSC/NARCOMS Global MS Patient Registry	
Latino Database Project	58,000
Visiting Scientists	57,600
GPR Statistical Support Grant	16,666
GPR Publications – Multiple Sclerosis Quarterly Report	<u>24,000</u>
Subtotal – Program Services	<b>827,636</b>

## Fundraising/Outreach

Annual Meeting	
Awards	992
Exhibits/Professional Fees	16,364
Recognition Luncheon	12,638
Development Activities	
Professional Fees	80,523
State Licenses – Charitable Registrations	992
Postage, Printing, Internet fees	14,478
Fund Raising Outreach	7,000
Quilt Project	692
Subtotal Fundraising/Outreach	<b>133,679</b>

## Administrative

Salaries, Taxes, Benefits	103,714
Accounting and Legal	11,673
Office Supplies, Postage, Printing, Shipping	14,166
Rent, Utilities, Telephone	8,650
Insurance	6,935
Travel	3,733
Board Activities	143
Depreciation Expense	8,873
Subtotal Administrative	<b>157,887</b>
<b>Total Expenses</b>	<b>\$ 1,119,202</b>

Expenses in excess of revenue	(187,409)
Unrealized gain on investment	60
<b>Net Assets beginning of the year</b>	<b>\$ 174,990</b>
<b>Net assets (deficit) end of the year</b>	<b><u>\$ (12,359)</u></b>

# BOARD OF DIRECTORS

**James P. Simsarian, MD** | President and Acting Chief Executive Officer  
Director | Multiple Sclerosis Program  
Neurology Center of Fairfax | Fairfax, Virginia

**Randall T. Schapiro, MD** | Vice Chair  
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The Schapiro Multiple Sclerosis Advisory Group | Eagle, Colorado

**June Halper, ANP, MSCN, FAAN** | Secretary/Treasurer  
Nurse Practitioner  
Executive Director | Consortium of Multiple Sclerosis Centers  
International Organization of MS Nurses | Hackensack, New Jersey

**Colleen Harris, RN, NP, MSCN** | President of the CMSC  
Nurse Practitioner  
University of Calgary Multiple Sclerosis Clinic at Foothills Medical Centre  
Calgary, Alberta

**Michael Kaufman, MD** | President-Elect of the CMSC  
Director  
MS Center of Carolinas Health System | Charlotte, North Carolina

**Corey D. Ford, MD, PhD** | Past President of the CMSC  
Director  
University of New Mexico Multiple Sclerosis Specialty Clinic  
Albuquerque, New Mexico

# OUR DONORS

THE FCMSC GRATEFULLY ACKNOWLEDGES THE SUPPORT OF OUR 2009 DONORS

## *Corporations, Foundations and Organizations*

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Acorda Therapeutics, Inc.	Greater Alliance Federal Credit Union
Band Against MS Foundation	Multiple Sclerosis Foundation
Bayer HealthCare Pharmaceuticals	Neurologic Disease Foundation
Biogen Idec	Novartis Pharmaceuticals Corporation
EMD Serono, Inc.	Questcor Pharmaceuticals, Inc.
Genentech and Biogen Idec	Swedish Neuroscience Institute–Multiple Sclerosis Center
Genentech, Inc.	Teva Neuroscience, Inc.
Genzyme Corporation	Wayne State University Multiple Sclerosis Center

## *Individuals*

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L. Abbiati	Cynthia Gibson-Horn	Marilyn M. Lutz	Joan Schaeffner
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For more information, please visit:

[cmscfoundation.org](http://cmscfoundation.org)

[mscare.org](http://mscare.org)

Contact us:

Foundation of Consortium of Multiple Sclerosis Centers

359 Main Street, Suite A | Hackensack, NJ 07601

Secure online giving for the FCMSC is available:

[cmscfoundation.org/donatenow](http://cmscfoundation.org/donatenow)

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