

Dear Colleague,

The Foundation of the CMSC (FCMSC) and the Consortium of Multiple Sclerosis Centers (CMSC) are pleased to announce the Mental Health Mini-Mentorship Specialty Training Program.

There is a national shortage of mental health practitioners knowledgeable about neuropsychiatric disorders in MS. This training forum will provide health professionals with a special interest or specialty in MS with new information about challenges of the disease. Candidates for this program are nursing professionals with a mental health background, social workers, psychologists, and psychiatrists. They will be provided with new information about the unique challenges faced by persons living with multiple sclerosis, screening strategies for recognizing the presence of mental health issues, and best practices for mental health care to maximize outcomes.

This mentorship program will pair mental health experts with professionals who are contemplating a focus on multiple sclerosis mental health care, or are 1-3 years into their specialty careers. Mentors will share their knowledge and experience with their MS Mental Health Mini-Mentorship trainees over the five-day mentorship experience. Two trainees will be awarded an additional scholarship to attend the CMSC Annual Meeting in May 2020 in Orlando, FL.

The Mentorship Experience

The Mental Health Mini-Mentorship Specialty Training program will take place in the Summer of 2019. Up to eight mental health mentorship experiences will be awarded to practicing mental health specialists with less than three years of post-graduate experience in the mental health field. Each candidate will participate in a total of 35 hours of training covering aspects of mental health and comprehensive care provided at a CMSC MS center. Emphasis will be in the candidate's specific area of mental health care to promote awareness and utilization of standard outcomes measures in MS and mental health strategies specific to multiple sclerosis patients. Barriers to recognition and treatment of mental health problems in those with MS will receive special focus.

Eligibility Requirements – Program available to U.S. residents only.

- Applicants must be professionals with a special interest in the mental health needs of multiple sclerosis patients (nursing professional, psychologists, social workers, psychiatrist, and PA),
- Be prepared to spend 5 days at the mentorship site (not including travel which may involve an additional two days) **AND**
- Be available to attend one of these session training dates and stay through completion of the program on the last day.
- Successful candidates must be able to provide documentation of up-to-date vaccinations.

Location 1: The Alfiero and Lucia Palestroni Foundation Multiple Sclerosis Center
Holy Name Medical Center, Teaneck, NJ

Dates: July 15-19, 2019; OR
July 22-26, 2019

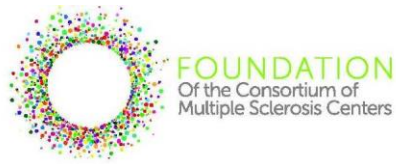
Location 2: The Multiple Sclerosis Center
Hackensack University Medical Center, Hackensack, NJ

Dates: August 5-9, 2019; OR
August 12-16, 2019

Each trainee participant will be provided with a stipend to cover ground transportation, meals and incidentals. The CMSC/FCMSC will cover travel (air or train) hotel and meals during the training days. Trainee is responsible for any expenses incurred over scholarship amount.

Evaluation/Selection Process

Candidates may apply independently or be nominated by their department heads or program directors and applications will be reviewed by a select committee comprised of CMSC/FCMSC leadership independent of grantors or supporters.



Information for Applicants – Program available to U.S. residents only

Please provide the following additional information with the application form:

- A brief biographical sketch or CV.
- A 2-4 page summary (not including references) of current work experience and/or career goals in the field of multiple sclerosis, professional goals and objectives for your participation in the MS Mental Health Mini-Mentorship Specialty Training Program as well as any plans for education of colleagues upon return from this program.
- A letter of recommendation and support from current supervisor/academic supervisor stating commitment and plans for utilization of the skills this course provides.

Incomplete applications will not be reviewed. Deadline for applications: April 15, 2019. Successful candidates must be able to provide documentation of up-to-date vaccinations.

If you have any questions about the specifics of this program, please contact Lisa DeSantis, FCMSC Special Projects Manager, at 201-487-1050 x107 or lisa.desantis@mscare.org

Program Background

This program was established to support additional training and to stimulate excellence and growth in the delivery of mental health in the field of MS. In addition, the program will promote the CMSC's core value: the need for comprehensive care for people living with MS.

On-site MS Mental Health Mini-Mentorship programs are scheduled at selected CMSC MS Centers in the United States. The program will be offered during July and August of the 2019 calendar year with location and dates listed below. All programs will be conducted at a CMSC MS Center. Each Mental Health program site will accommodate four MS Program Scholars.

LOCATION	2019 DATES
The Alfiero and Lucia Palestroni Foundation MS Center, Holy Name Medical Center, Teaneck, NJ	July 15 thru 19 July 22 thru 26
The Multiple Sclerosis Center Hackensack University Medical Center, Hackensack, NJ	August 5 thru 9 August 12 thru 16

Each scholar will participate in a total of 35 hours of training covering all aspects of mental health and comprehensive care provided at a CMSC MS center. Areas of education may include:

1. Recognize common and unusual presentations and manifestations of mental health disorders in the multiple sclerosis patient and apply these concepts to appropriate diagnosis and management'
2. Appreciate the vital role in comprehensive clinical care of the MS patient played by mental health providers, including social workers, psychologists, and psychiatrists.
3. Identify and affiliate with an appropriate mentor who will encourage the participant to selecting MS as a specialty in areas including:
 - Social Work
 - Psychology
 - Psychiatry
 - Research
 - Nursing/PA

Thank you for your collaboration with the CMSC and FCMSC, and your role in promoting the best and latest in care for Multiple Sclerosis.

Sincerely,

June Halper, MSCN, APN-C, FAAN
Chief Executive Officer, CMSC

Lisa DeSantis
FCMSC Special Projects Manager

Cindy Bobowski
FCMSC Program Manager



**MENTAL HEALTH MINI-MENTORSHIP
SPECIALTY TRAINING APPLICATION - 2019**

Name:	Credentials:	
Address:		
City, State, Zip Code:		
NPI #:		
Email:	Phone:	
Work Email:		
Degree:		Year of Graduation:
School:		
Other certification/licensure:		
Current Employer:		
Current Supervisor:	Email:	

- I AM COVERED BY MALPRACTICE INSURANCE.
 I AM NOT COVERED BY MALPRACTICE INSURANCE.

Do you have any restrictions on session training dates? Indicate dates below. Yes No

Please specify: _____

Your Signature: _____ Date: _____

Department Head/Program Director Signature: _____ Date: _____

Please provide the following with this application form:

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- A 2-4 page summary (not including references) of current work experience and/or career goals in the field of multiple sclerosis, professional goals and objectives for your participation in the MS Mental Health Mini-Mentorship Specialty Training Program as well as any plans for education of colleagues upon return from this program.
- Letter of recommendation and support from current supervisor/academic supervisor stating commitment and plans for utilization of the skills this course provides.

Successful candidates must be able to provide documentation of up-to-date vaccinations.

Return completed application materials via email or fax no later than April 15, 2019 to Cindy Bobowski

Email: cindy@cmscfoundation.org OR Fax: (866)-920-6813