

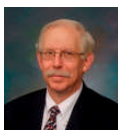


## YOUR QUARTERLY NEWS & UPDATES March - 2016

### Every ending has a new beginning...

It is with mixed emotions that I must tell you that Judy Katterhenrich has decided to retire from her position as Executive Director of the Foundation of the Consortium of Multiple Sclerosis Centers (FCMSC). Although I tried to talk her out of retiring, I was unsuccessful, as she wants to spend more time with her family. Reluctantly I have accepted her resignation.

I have known Judy for many years, starting when she coordinated professional education for Teva Neuroscience about the time of the FDA approval of glatiramer acetate (Copaxone(R)) in the 1990s. Judy has been Executive Director of FCMSC and has done an outstanding job in getting the Foundation on its feet financially and has designed new programs and expanded activities dramatically. This has allowed FCMSC to fulfill its mandate to support programs of the CMSC and although a separate organization, to integrate Foundation activities seamlessly with programs of the Consortium itself. This has allowed both the FCMSC and the CMSC to continue to grow dramatically and provide our membership with the tools we need in our mission of multidisciplinary care, education and research for patients with multiple sclerosis. Her dedication and enthusiasm, her warm and engaging personality and her skills have made her the face of the FCMSC. Judy has generously volunteered to help us find and advise her successor so that the FCMSC, the CMSC and its members, will not miss a step.



Please join me in wishing Judy a healthy, happy and fulfilling retirement!

*Robert P. Lisak*

Robert P Lisak, MD, FAAN, FRCP (E), FANA  
Chair, Foundation of the Consortium of Multiple Sclerosis Centers

### A FOND FAREWELL...

Dear Friends and Colleagues:

This issue of PILLARS marks a special milestone for me. I will be retiring from the FCMSC at the end of March. These past nine years with the Foundation and my prior years with Teva have afforded me the opportunity to learn so much about MS from the most dedicated and caring group of professionals one could ever hope to know.



I have tremendous appreciation for my wonderful staff: Cindy Bobowski, Debbie Donnell and Leslie Nies, and for June Halper and the entire CMSC staff. I have been truly honored to work with the Boards of Governors and members of the worldwide CMSC "family" who have supported my journey in so many ways. Thank you so much!

I am looking forward to the next chapters of my own life and to the exciting possibilities for the Foundation that your support makes possible. I will follow your progress with great fondness and pride.

*Judy Katterhenrich*

Judy Katterhenrich  
Executive Director, FCMSC

### PROFILE: Lisa Marie Cundey - Participated in the 2015 FCMSC MS Rehabilitation Therapy Specialty Training

With the support of my mentor and research advisors, **Abiodun Akinwuntan, PhD, MPH, MBA** and **Hannes Devos, PT, PhD**, I applied for the MS Rehabilitation Therapy Specialty Training program as a first year physical therapy student interested in MS research. I completed my fellowship at the Mellen Center for MS Treatment & Research-Cleveland Clinic. This gave me the opportunity to observe healthcare professionals in my



Lisa Marie Cundey

field (physical therapy) and follow the patient through different aspects of care such as group therapy, nutrition management, and medical treatment. I met a variety of people with MS with varying degrees of symptoms, each with an inspiring story to tell. The professional providers, and hosts for my fellowship (**Matt Sutliff, PT, MSCS**, and **Francois Bethoux, MD**) educated me on the newest research and latest rehabilitation options. I felt privileged to have received direct hands on training with professionals who were so passionate about their patients.

The techniques I learned during the fellowship have inspired me to invest in furthering my education in MS rehabilitation. I was fortunate enough to receive a scholarship from the FCMSC, which will allow me to attend the Annual CMSC meeting this year in National Harbor, MD.

I am so thankful to the FCMSC for giving me the opportunity to learn from such knowledgeable professionals in the field of MS. This hands on training inspired me to take a volunteer role in the Augusta, GA MS Support Group, and dedicate my focus to MS rehabilitation studies. I still have a lot to learn throughout my career as a student and future professional. I am grateful to have discovered an area that I feel so passionately about so early on in my education.



**Lacey Bromley,**  
**PT, DPT, NCS,**  
**MSCS**  
**Bennett**  
**Rehabilitation**  
**Institute**

## MS REHABILITATION SPECIALTY TRAINING AND SCHOLARSHIPS

Since 2008 the Consortium of Multiple Sclerosis Centers (CMSC) and the Foundation of the Consortium of Multiple Sclerosis Centers (FCMSC) has offered the **MS Rehabilitation Therapy Specialty Training Program**. Acorda Therapeutics Inc. has generously supported this program through a grant to the FCMSC. This program is a 35-hour on-site training at an MS Center that allows graduate students and professionals in the areas of physical therapy, occupation therapy and speech/language pathology to be exposed to comprehensive care at one of the CMSC member center sites. This invaluable time cultivates not only knowledge of the complexity of care that MS requires but also passion to continue professional growth in this area. Our hope is that this program continues to attract more rehabilitation students and professionals to the field of Multiple Sclerosis.

The tremendous positive feedback we received from the participants in the MS Rehabilitation Therapy Specialty Training Program also facilitated the FCMSC/CMSC creating the **MS Rehabilitation Student Annual Meeting Scholarship** award in 2013. This FCMSC grant has been supported in the past by Acorda Therapeutics, Inc, Medtronic Restorative Therapy Groups and most recently, the Allergan Foundation. Through this program, graduate students in the rehabilitation field are given the opportunity to attend the CMSC's annual meeting with registration and travel expenses covered by the grant. The annual meeting provides clinical education programs as well as up to date research in many areas of Multiple Sclerosis. Educating the workforce of the future is a goal of the FCMSC to encourage the growth of clinicians able to provide excellent care to persons living with Multiple Sclerosis.

Rehabilitation professionals are essential parts of the MS care team and both of these invaluable FCMSC grants adhere to the CMSC's overriding themes of professional development, advocacy and engagement/collaboration. Our deepest gratitude is extended to all those that continue to support these programs!!

## GET FIT WITH THE FOUNDATION

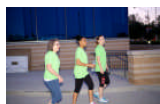
Join your colleagues at these annual meeting events in support of your Foundation of the CMSC activities to enable the continuation of our Workforce of the Future initiatives!

**REGISTER NOW TO GUARANTEE YOUR EVENT. HURRY, LIMITED SPACE AVAILABLE.**



### **Thursday, 2nd Annual Yoga Session, June 2, 6 to 7 AM.**

Back by popular demand! Great way to start your day. Travel yoga mat provided. **BEGINNERS WELCOME**, we are among friends. Registration only \$15.00



### **Friday, 5th Annual Fun Walk, June 3, 6 to 7:30 AM.**

Start your morning with a refreshing walk along the scenic Hudson River. Participants will receive a t-shirt and complimentary refreshments. Registration only \$25.00

**SIGNING UP FOR BOTH not only saves you \$5.00 but automatically enrolls**

you in a drawing for some great electronics!

[CLICK HERE TO REGISTER FOR YOGA AND FUN WALK!](#)

#### WHAT'S COOKING AT THE FOUNDATION?



Cookbooks with amazing recipes submitted by your colleagues, family and friends will be available at our booth at the CMSC annual meeting. All proceeds will support Foundation initiatives. Guarantee your cookbook and Pre-order now! Only \$10.00.

[CLICK HERE TO PRE-ORDER YOUR COOKBOOK!](#)

Many thanks to all our Fitness Event Corporate Supporters and in-kind gifts to date...



dōTERRA

**Corporate Sponsors: There are still many opportunities to sponsor these events. Great exposure!** For more information please email Leslie Nies, Operations & Development Manager at [leslie@cmscfoundation.org](mailto:leslie@cmscfoundation.org)

*FCMSC is a 501(c)(3) organization. All registration fees are tax-deductible to the fullest extent allowed by law.*

#### REMINDER: 2016 Medical Student Research Scholarship

**Due: April 10th.**

We are pleased to announce the continuation of our Workforce of the Future Program - FCMS Student Research Scholarships. This program was established to support clinical or basic research training in MS and to encourage medical students to possibly pursue careers in the field of multiple sclerosis.

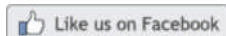
The FCMSC will award medical student research scholarships to fund mentored research projects under the tutelage of CMSC member experts with the funds administered by the respective academic institutions. Each scholar will be invited to present his/her project results in poster form along with participation in a special recognition event during the 2017 CMSC Annual Meeting, May 24 thru May 27, 2017 in New Orleans, LA.

[CLICK HERE FOR APPLICATION MATERIALS](#)

This newsletter has been supported through independent educational grants from:



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